



## PROTEST RIGHTS

- Free Speech in Public Spaces You have the strongest rights in public forums (streets, sidewalks, parks). Private property requires the owner's consent for speech or protest.
  - Permits & Marching- You don't need a permit to march on sidewalks or streets if you're not blocking traffic.
- Police & Counterprotesters- both groups have free speech rights. Police can separate groups to prevent violence but must allow protests to continue.
- Recording Rights In public, you can photograph and film police or federal buildings. Police cannot delete your footage or demand to see it without a warrant.

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• If Rights Are Violated - Record details (badge numbers, agency names, witness contacts). Take photos of injuries. File a complaint with the agency's internal affairs or civilian complaint board.

Visit www.nilc.org for more info

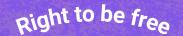
## ENGAGING IN PROTESTS AS **IMMIGRANTS** (SAFETY PLANNING)



**Your Rights:** 









of retaliation From law enforcement Right to



remain silent

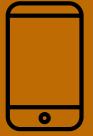


Right to speak to a lawyer

- Best Practices: Being Prepared
  - Create a safety plan before attending a protest-Have an attorney's contact info ready, plan for childcare or other needs, & have a plan with anyone you're attending with.
  - Know who is organizing the event and know the protest route and emergency exits.
  - Carry a paper document that lists resources- Include info on bail funds and legal support organizations.







Leave mobile devices at home or turn off facial and fingerprint recognition this reduces the risk of unauthorized access by law enforcement.



Use encrypted messaging applications when communicating regarding the protest-this makes it more difficult for others to intercept message exchanges.



Avoid posting photos online of your participation in protests - so that law and immigration enforcement can't use online postings against you



Mow your rights and state laws regarding photo and video documentation of law enforcement.

Visit www.nilc.org for more info





Flush your eyes with your water bottle immediately Bring a facemask, scarf or bandana long enough to cover your face from nose to chin





DON'T RUN. Running may make you breathe harder & inhale more tear gas

Walk away from any clouds of tear gas as soon as you can & seek higher ground. Tear das is heavier than air



**Avoid wearing** contact lenses, which can trap chemicals

bottle with a

squirt top & spare clothes

underneath



Tear gas can stick to your skin. Wear clothing that will cover as much skin as possible

**NO EYE MAKEUP EITHER.** Makeup can also trap tear gas chemicals





## **Exposure Symptoms:**

- •• Eyes: Excessive tearing, redness, burning, blurred vision
- Skin: Burns & rash
- Mouth: Burning, irritation, drooling, trouble swallowing
- Nose: Running, burning & swelling
- Lungs: Chest tightness, shortness of breath, wheezing, coughing, choking sensation
- Stomach: Nausea & vomiting

## Tips to reduce irritation after exposure



Change your clothes ASAP

Try not to breathe in the

tear gas in the shower &

keep your eyes CLOSED



Leave your shoes OUTSIDE



Wash your hair well



Shower for at least 20min



\*Ventilate your clothes at least 48 hrs before washing.

\*If you're still having symptoms 30 minutes or so after getting all the agents off, are having eye or lung issues, or are at all concerned about your exposure, seek medical care.

Visit www.phr.org for more info